A Modest Proposal: The Federal Government Should Use Firing Squads to Execute Federal Death Row Inmates

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The Eighth Amendment prohibits cruel and unusual punishment in the criminal justice system. As the federal government looks to reinstate the death penalty, this Note argues that it should include firing squad as an option for carrying out executions. While firing squads may shock the senses, this Note argues that they are in fact the only way to comport with the requirements of the Eighth Amendment.

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Sure, firing squads can be messy, but if we are willing to carry out executions, we should not shield ourselves from the reality that we are shedding human blood. If we, as a society, cannot stomach the splatter from an execution carried out by firing squad, then we shouldn’t be carrying out executions at all.\(^1\)

“I feel my whole body burning.”\(^2\) Those were Michael Lee Wilson’s last words after being injected with lethal injection drugs.\(^3\) Wilson was executed on January 9, 2014,\(^4\) for the 1995 murder of a

A co-worker using a combination of drugs, including pentobarbital—the same drug the federal government plans to use when it resumes executions in December 2019.

On July 25, 2019, Attorney General William Barr scheduled the executions of five federal death row inmates. These executions will be the first use of the federal death penalty since 2003. However, pentobarbital—Attorney General Barr’s drug of choice—has been rendered near impossible to obtain and has resulted in executions by lethal injection going awry. Given the difficulty in obtaining the drug, coupled with the rise in botched executions generally at the state level, the federal government should consider an alternative method of execution.

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5 Alter, supra note 2.
6 Id.
8 Id.
12 See, e.g., Alter, supra note 2.
13 See supra note 11 and accompanying text.
The Eighth Amendment of the United States Constitution prohibits the infliction of cruel and unusual punishment. The purpose of this Amendment is to protect criminal defendants and inmates. In the context of the death penalty, it appears as though lawmakers and society forget the purpose of the Eighth Amendment. Execution methods at both the state and federal level have evolved over time in an attempt to improve the humaneness of the process and comport with the Eighth Amendment; but is there really such a thing as a humane execution?

Because lawmakers have deemed the death penalty a necessary evil of the criminal justice system, they have set standards for implementing it. In recent years, the number of botched executions has continued to grow. As a result, with the restoration of federal executions, it might be time for lawmakers to consider who is being protected—the death row inmate or the execution witnesses—when considering how and if we will continue to execute people.

If the federal government wishes to go through with its scheduled executions, the firing squad should be the method used. All of Kenneth Williams, where witnesses stated that Williams groaned, convulsed, and gasped for air after the lethal injection drugs were administered).

15 U.S. CONST. amend. VIII (“Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.”).
16 Ingraham v. Write, 430 U.S. 641, 664 (1977) (“An examination of the history of the [Eighth] Amendment and the decisions of this Court construing the proscription against cruel and unusual punishment confirms that it was designed to protect those convicted of crimes.”); see also Bryan A. Stevenson & John F. Stinneford, Common Interpretation: The Eighth Amendment, NAT’L CONST. CTR., https://constitutioncenter.org/interactive-constitution/interpretation/amendment-viii/clauses/103 (last visited Oct. 20, 2019).
17 See infra Part I.A.
18 See infra Part I.A.
19 See, e.g., Waisel, supra note 14 (discussing the botched execution of Kenneth Williams); Alter, supra note 2; Katie Fretland, Scene at Botched Oklahoma Execution of Clayton Lockett Was ‘A Bloody Mess,’ GUARDIAN (Dec. 13, 2014, 11:04 AM), https://www.theguardian.com/world/2014/dec/13/botched-oklahoma-execution-clayton-lockett-bloody-mess; AUSTIN SARAT, GRUESOME SPECTACLES: BOTCHED EXECUTIONS AND AMERICA’S DEATH PENALTY 123 (2014) (“Indeed the rate of botched executions where lethal injection is the method used is considerably higher than it has been when other, supposedly less humane, methods have been employed. This is in part a function of the elaboration of more precise and detailed execution protocols.”).
20 Federal Government to Resume Capital Punishment, supra note 7.
though at first glance it might appear barbaric, the use of firing squads to execute inmates is far less barbaric than the use of lethal injection—especially when drugs like pentobarbital or midazolam are being used. However, this Note argues that firing squads are not cruel and unusual punishment. Between the battle to obtain the drugs necessary for executions and the struggle of having non-professionally trained staff attempting to insert intravenous drugs into inmates, litigation concerning lethal injection is on the rise at the state level and will be no different at the federal level. As a result of the frequency of botched executions, inmates on death row are filing lawsuits asking to be executed by alternative means, namely by firing squad. If sentences of death are going to be handed out and enforced by the federal government, the execution should be by firing squads. Firing squads pose a substantially lower risk of pain and require materials the government already has in abundance.

Further, the use of firing squads is more feasible than lethal injection and results in a quicker death, with less risk of cruelty.

In building off legal scholarship in this context, this Note will argue for the use of firing squads by the federal government. It will do so by analyzing the constitutionality of firing squads as opposed to lethal injection by pentobarbital, Attorney General Barr’s drug of

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22 See infra Part II.A.

23 See, e.g., Bucklew v. Precythe, 139 S. Ct. 1112, 1119 (2019) (“As it turned out, though, Mr. Bucklew’s case soon became caught up in a wave of litigation over lethal injection procedures.”).

24 “Botched executions occur when there is a breakdown in, or departure from, the protocol for a particular method of execution. . . . Botched executions are those involving unanticipated problems or delays that caused, at least arguably, unnecessary agony for the prisoner or that reflect gross incompetence of the executioner.” SARAT, supra note 19, at 5–6 (internal quotation marks omitted).

25 See infra Part II.C.

26 See infra Part II.A.

27 See infra Part II.B.

It argues that executions by firing squads adhere to Supreme Court precedent and are far more humane when considering the perspective of the person to be executed, rather than the witnesses of the execution. Part I will discuss the history of the federal death penalty and the evolution of methods of execution. This Part will also discuss the use of firing squads in the United States and the major Supreme Court cases that focus on the current standard for a constitutionally viable method of execution. Part II examines why the federal government should consider the use of firing squads, focusing on the standards laid out in *Baze v. Rees*, and reaffirmed in *Glossip v. Gross* and *Bucklew v. Preepythe*. Part II further argues that death row inmates should be able to choose the method by which they are executed. Part III discusses *Arthur v. Dunn*, a recent Eleventh Circuit decision in which the court denied Arthur the opportunity to propose the firing squad as the method by which he would be executed. While society has historically attempted to shy away from the gruesome reality of executions, if the federal government is going to begin executing inmates again, it must abide by the Constitution—something the system as it stands fails to do.

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30 For the purposes of this Note, the death penalty is presumed to be constitutional.
33 139 S. Ct. 1112 (2019).
34 While there are fifty-four women on death row as of April 1, 2019, accounting for approximately two percent of the death row population, this Note will use the pronoun “he” because there is a substantially higher male death row population and because men are executed far more often than women. See DEBORAH FINS, NAACP LEGAL DEF. & EDUC. FUND, INC., DEATH ROW U.S.A. SPRING 2019, at 1 (2019), https://www.naacpldf.org/wp-content/uploads/DRUSASpring2019.pdf?
I. THE EVOLUTION OF THE DEATH PENALTY

The first death penalty laws can be traced back to Eighteenth Century B.C. in Hammurabi’s Code. Early death sentences were carried out by barbaric means, like drowning, crucifixion, and impalement. By the Tenth Century A.D., hanging had become the most common method in Britain. As society progressed, death penalty statutes reformed. Reforms to death penalty statutes in places like Britain later came to influence those of the United States.

Over time, methods of execution in the United States have changed dramatically. This change is driven by the desire to execute in a more “humane” manner. The search for a more humane and efficient method of execution began in the late 1880s, starting with the shift from hanging to electrocution in 1890, then moving to lethal gas in 1921, and to lethal injection in 1977. “Over time, the choice of execution methods has generally been concerned as much, if not more, with how observers perceive the execution, as opposed to what it actually does to the condemned.” Some have noted that “the public is more concerned with whether an execution seems humane—say, through appearing like a medical procedure, as lethal

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37 Id.
38 Id.
39 Id.
40 Id. Before the start of the Nineteenth Century, Britain reformed its death penalty statutes, eliminating over 100 of the 222 crimes that were punishable by death. Id.
41 Id.
42 See SARAT, supra note 19, at 7 (“With the invention of new technologies for killing or, more precisely, with each new application of technology to killing, the law has proclaimed its own previous methods barbaric, or simply archaic, and has tried to put an end to the spectacle of botched executions.”); see also Baze v. Rees, 553 U.S. 35, 40–41 (2008) (plurality opinion) (“As is true with respect to each of these States and the Federal Government, Kentucky has altered its method of execution over time to more humane means of carrying out the sentence.”).
44 Vey, supra note 28, at 562.
injection does—than with whether it actually is humane.”

With each new method of execution, the rate of botched executions has only increased. The botched execution rate for all methods of executions from 1900 to 2010 averages 3.15%. Lethal injection has a botch rate of 7.12%, with lethal gas at 5.4%, hanging at 3.12%, electrocution with 1.92%, and firing squad at 0%. As states have continued to seek out more humane methods of execution, the federal government has been slow in adopting them—however, now is the time for the federal government to make the change first.

A. The History of the Federal Death Penalty

On April 30, 1790, the first federal criminal statute—An Act for the Punishment of Certain Crimes, also known as the Crimes Act of 1790—was signed into law. The Act set forth a mandatory sentence of death for convictions of murder, treason, forgery, and piracy. The task of carrying out the sentence was assigned to the U.S. Marshals Service and the method to be used was hanging.

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45 Id. at 548 (emphasis in original) (citing Deborah W. Denno, When Legislatures Delegate Death: The Troubling Paradox Behind State Uses of Electrocu-
tion and Lethal Injection and What it Says About Us, 63 OHIO ST. L.J. 63, 66 (2002)).
46 See SARAT, supra note 19, at 177–78.
47 Id.
48 Id. While relatively low over the longer time frame, the botched execution rate for electrocution between 1980 and 2010 went as high as 17.33%. Id.
49 Crimes Act of 1790, ch. 9, §§ 1, 3, 8–10, 14, 23 (1790).
50 Id.
52 Crimes Act of 1790, ch. 9, § 33 (“And be it further enacted, that the manner of inflicting the punishment of death shall be by hanging the person convicted by the neck until dead.”). Hanging was also the primary method of execution for the states until about 1890. Methods of Execution: Description of Each Execution Method, DEATH PENALTY INFO. CTR., https://deathpenaltyinfo.org/executions/methods-of-execution/description-of-each-method (last visited Oct. 20, 2019) [hereinafter Methods of Execution]; see also Glossip v. Gross, 135 S. Ct. 2726, 2731 (2015). Hanging was the predominant method used because it was believed that death would be instantaneous, but that rarely occurred. Id. As a result, public opinion turned against hanging as a method of execution. SARAT, supra note 19, at 60, 63.
Thomas Bird, convicted of murder on the high seas, was the first person executed by hanging by the Federal Government in 1790.\textsuperscript{53}

Executions by hanging continued by the federal government\textsuperscript{54} despite the search by the states for a more humane method of execution.\textsuperscript{55} New York built the first electric chair in 1888.\textsuperscript{56} William Kemmler was the first person to be executed by electrocution in 1890.\textsuperscript{57} Despite New York’s creation of this “more humane” method,\textsuperscript{58} the federal government did not use electrocution as a method of execution until 1928.\textsuperscript{59} Because so much preparation goes into an execution by electrocution,\textsuperscript{60} it is unsurprising that issues began to arise in the carrying out of the punishment.\textsuperscript{61}

Not long after the creation of the electric chair, the idea of using lethal gas for executions arose under the presumption that it would be a more humane alternative to hanging.\textsuperscript{62} While not adopted in any state until 1921\textsuperscript{63} or used by the federal government until 1945,\textsuperscript{64} in the late 1890s,\textsuperscript{65} doctors in Pennsylvania recommended


\textsuperscript{55} Methods of Execution, supra note 52.

\textsuperscript{56} Id.

\textsuperscript{57} In re Kemmler, 136 U.S. 436, 441 (1890); see also Kristina E. Beard, Comment, Five Under the Eighth: Methodology Review and the Cruel and Unusual Punishments Clause, 51 U. MIAMI L. REV. 445, 461 (1997); Vey, supra note 28, at 566.

\textsuperscript{58} Kemmler, 136 U.S. at 443.


\textsuperscript{60} See Methods of Execution, supra note 52.

\textsuperscript{61} See id.; see also Beard, supra note 57, at 461.

\textsuperscript{62} Vey, supra note 28, at 567.

\textsuperscript{63} SARAT, supra note 19, at 90–91. Nevada became the first state to adopt lethal gas as a method of execution in 1921. Id.


\textsuperscript{65} SARAT, supra note 19, at 91 n.8.
the use of carbon dioxide for executions. Over twenty years after the first state execution by lethal gas, the federal government executed its first death row inmate with lethal gas in 1945 when Henry Ruhl was executed for murder. The gruesome fact of inmates attempting to hold their breath and fight the gas for as long as possible, the effect of burning sensations and convulsions, and the negative associations with Nazi Germany all indicated that a new method was needed.

Prior to the moratorium on the death penalty where the Supreme Court found the death penalty statues of many states unconstitutional as written, the last execution by the federal government was a hanging in 1963. As a result, states sought out new, more humane methods of executions. In 1977, Oklahoma state legislator Bill Wiseman asked Dr. Jay Chapman, Oklahoma’s chief medical examiner, to create a more humane method of execution. Dr. Chapman—a coroner and not a doctor—“initially felt he wasn’t qualified,” and “[his] first response was that [he] was an expert in dead bodies but not an expert in getting them that way.” Nevertheless, Dr. Chapman recommended the use of three drugs to perform executions—“the sedative sodium thiopental, pancuronium bromide as a paralytic agent, and potassium chloride to stop the heart.” This protocol was intended to execute the inmate in three steps. Under Dr. Chapman’s protocol, sodium thiopental is the first to be administered, rendering the inmate unconscious. Pancuronium bromide,
the second drug, renders the inmate unable to show any signs of pain. The third and final drug, potassium chloride, is administered to cause cardiac arrest, resulting in the death of the inmate. If the execution goes as intended, it should take about ten minutes from the administration of the first drug for the inmate to die.

Although the death penalty was reinstated for many states with the Supreme Court’s decision in Gregg v. Georgia, it was not reinstated for the federal government until 1988. Like the majority of states with the death penalty, the federal government adopted Dr. Chapman’s three-drug protocol. Since 1988, the federal government has only executed three people. Despite this low number, from 1988 to 2011, federal prosecutors have sought the death penalty in 435 cases, with only sixty-nine cases resulting in a conviction. Currently, there remain sixty-three federal death row inmates.

Of the sixty-three inmates on federal death row, five are scheduled to be executed—three in December 2019 and two in January 2020.

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78 Id.
79 Id.
80 Id.
85 AMNESTY INT’L, DEATH PENALTY FACTS, supra note 82, at 14.
These inmates are set to be executed by lethal injection using pentobarbital, the same drug that caused Michael Lee Wilson to say “I feel my whole body burning.” Like sodium thiopental—the drug initially recommended by Dr. Chapman—pentobarbital has become difficult to obtain because drug manufacturers do not want to be associated with the death penalty. As a result, the federal government will either need to consider using midazolam, a drug that has led to many botched executions in state executions, or an entirely different method of execution—the firing squad.

B. The History and Use of Firing Squads in the United States

While the firing squad has never been a primary method of execution, it has been used as an alternative method. Since 1890, thirty-four people have been executed by firing squad—with the

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89 Federal Government to Resume Capital Punishment, supra note 7.
90 Alter, supra note 2.
91 In 2009, the only U.S. manufacturer of sodium thiopental, Hospira, Inc., ceased production of the drug due to difficulties in obtaining the active ingredient necessary for production. Denno, Lethal Injection Chaos Post-Baze, supra note 43, at 1360.
92 Sanburn, supra note 73.
94 See, e.g., Michael L. Radelet, Examples of Post-Furman Botched Executions, DEATH PENALTY INFO. CTR., https://deathpenaltyinfo.org/some-examples-post-furman-botched-executions (last updated Mar. 1, 2018). Clayton Lockett was executed using midazolam in 2014. Id. After searching for a useable vein for an hour, midazolam was finally administered. Id. A few minutes after the final drug administration, Lockett began writhing on the gurney, breathing heavily, and straining to lift his head up. Id. Witnesses to the execution were ordered to leave. Id. It took forty-three minutes for Lockett to die. Fretland, supra note 19. Following the execution of Lockett, President Obama ordered a review of the death penalty. Merrit Kennedy, Federal Government to Resume Capital Punishment After Nearly 20-Year Hiatus, NPR (July 25, 2019, 11:05 AM), https://www.npr.org/2019/07/25/745223284/federal-government-to-resume-capital-punishment-after-nearly-20-year-hiatus.
95 See Glossip, 135 S. Ct. at 2732.
96 SARAT, supra note 19, at 177.
The only other state that has used a firing squad to execute a person is Nevada.98 Between 1896 and 1972, thirty men were executed by firing squad in Utah.99 After the moratorium on the death penalty was lifted in 1976,100 the first execution to take place in the United States was by firing squad.101 Gary Gilmore was executed in 1977 for murdering a gas station attendant and a motel clerk.102 Gilmore chose to be executed by firing squad.103 Prior to Gilmore’s execution, it was reported that seventy-one percent of Americans favored his execution by firing squad.104

The most recent execution by firing squad was of Ronnie Lee Gardner in 2010.105 Because Gardner was sentenced to death before 2004, the year Utah removed firing squads as an alternative method of execution,106 Gardner had the choice of being executed by firing squad or lethal injection and chose the firing squad.107

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99 See Cutler, supra note 97, at 348.
101 See Cutler, supra note 97, at 357.
102 Id.
103 Id. at 358; see also Lily Rothman, The Strange Story of the Man Who Chose Execution by Firing Squad, TIME (Mar. 12, 2015), http://time.com/3742999/gary-gilmore-history/.
104 Cutler, supra note 97, at 359.
107 Sanchez, supra note 105.
strapped to a chair, and twenty-five feet away, “behind a brick wall cut with a gun port,” stood five anonymous law enforcement officers who fired the deadly shots.  

In 2004, lawmakers in Utah removed firing squads as a method of execution because of the attention the execution brought to the inmate, which “overshadow[ed] the victim and the crime itself.” However, in 2015, in part due to the shortage of lethal injection drugs, Governor Gary Herbert of Utah signed a bill bringing back the firing squad in the event lethal injection drugs cannot be obtained thirty days before a scheduled execution. Around the same time Utah announced this plan, a bill was introduced in the Wyoming state legislature proposing the use of firing squads with the option of sedation before execution. Although Wyoming’s bill ultimately failed, other states continued to be influenced by Utah. For example, in 2018, the South Carolina legislature proposed the use of firing squads as an alternative when lethal injection drugs are unavailable, but this bill also failed. Currently, aside from Utah, both Mississippi and Oklahoma allow for the use of firing squad in the

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108 Id.
109 Dobner, supra note 106.
111 Utah Code Ann. § 77-18-5.5(4).
event lethal injection, lethal gas, and electrocution are not available as execution methods or have been deemed unconstitutional.115

After the firing squad was reinstated in Utah, the state released a technical manual for how it will conduct future executions by firing squad.116 The “execution team” consists of five people, with one team leader and one alternate.117 All five people must be certified officers who have passed marksmanship tests under similar conditions to that of an execution.118 The team leader is in charge of supplying the .30 caliber rifles that will be used, as well as the live and blank rounds.119 In order to be on the firing squad, each officer must pass the accuracy test, wherein the officer is required to hit each specified target with one round or be disqualified.120 On the day of the execution, the team leader, not in the presence of the other members, loads each gun with two rounds, putting blanks in one gun.121 A target is placed over the inmate’s heart followed by a hood over

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lice-fire/courts/utah-corrections-department-releases-protocol-for-executions-by-firing-squad/article_b2aa0dfb-f33f-5cce-bd77-cae44d451591.html [hereinafter Pflaum, Utah Corrections Department Releases Protocol for Executions by Firing Squad].
117 Letter from Misty Barry, supra note 116, at 56; see also Nadia Pflaum, How Utah’s Execution by Firing Squad Works, STANDARD-EXAMINER (Apr. 10, 2017), https://www.standard.net/po-
lice-fire/courts/utah-corrections-department-releases-protocol-for-executions-by-firing-squad/article_1eeffdaf-a792-5f1e-9de3-552ea665e989.html [hereinafter Pflaum, How Utah’s Execution by Firing Squad Works].
118 Letter from Misty Barry, supra note 116, at 56–57.
119 Id. at 63.
120 Id. at 56. For the practice rounds, “a target is placed at a minimum of 21 feet and must be the same dimensions as the target that will be placed over the condemned’s heart on the day of the execution.” Pflaum, How Utah’s Execution by Firing Squad Works, supra note 117.
121 Letter from Misty Barry, supra note 116, at 63. “One rifle [is] loaded with a blank so no one kn[ows] who fired the fatal shot.” Sanchez, supra note 105.
his head, and then the countdown begins.\textsuperscript{122} Death typically occurs within a minute from the time the shots are fired.\textsuperscript{123}

C. United States Death Penalty Jurisprudence

1. 1787 TO 1972

The first capital punishment case to reach the Supreme Court was \textit{Wilkerson v. Utah} in 1879.\textsuperscript{124} \textit{Wilkerson} considered the constitutionality of firing squads.\textsuperscript{125} Justice Clifford wrote for a unanimous Court, holding that executing a murderer by firing squad does not violate the Eighth Amendment.\textsuperscript{126} Justice Clifford stated that “[d]ifficulty would attend the effort to define with exactness the extent of the constitutional provision which provides that cruel and unusual punishments shall not be inflicted; but it is safe to affirm that punishments of torture . . . are forbidden by that amendment to the Constitution.”\textsuperscript{127}

Eleven years after \textit{Wilkerson}, William Kemmler\textsuperscript{128} sought a writ of habeas corpus, seeking to prevent New York’s use of the electric chair on him.\textsuperscript{129} The Court held that execution by electric chair was not cruel and unusual and stated, “[p]unishments are cruel when they involve torture or a lingering death, but the punishment of death is not cruel, within the meaning of that word used in the Constitu-

\textsuperscript{122} Letter from Misty Barry, supra note 116, at 91–92; see also Pflaum, \textit{How Utah’s Execution by Firing Squad Works}, supra note 117.

\textsuperscript{123} Kari Hong, \textit{Opinion, Bring Back the Firing Squad: The Needle Spares the Witnesses, Not the Condemned}, BOS. GLOBE (May 13, 2015, 1:28 PM), https://www.bostonglobe.com/opinion/2015/05/13/bring-back-firing-squad/4ETT0ZTQu0SMDwVBW3nKjL/story.html; Balko, supra note 21.

\textsuperscript{124} 99 U.S. 130 (1879).

\textsuperscript{125} \textit{Id.} at 134–35.

\textsuperscript{126} \textit{Id.} (“Cruel and unusual punishments are forbidden by the Constitution, but the authorities referred to are quite sufficient to show that the punishment of shooting as a mode of executing the death penalty for the crime of murder in the first degree is not included in that category, within the meaning of the eighth amendment.”).

\textsuperscript{127} \textit{Id.} at 135–36.

\textsuperscript{128} William Kemmler was the first person to be executed by electrocution in the United States, his execution did not go as intended. \textit{See supra} Part I.A.

\textsuperscript{129} \textit{In re} Kemmler, 136 U.S. 436, 439 (1890).
tion. It implies there is something inhuman and barbarous, something more than the mere extinguishment of life.”\footnote{Id. at 447.} The Court in \textit{Kemmler} further expounded upon the \textit{Wilkerson} Court’s definition of punishment that violates the Eighth Amendment by adding that “lingering death” is cruel and unusual.\footnote{Id. at 447.}

In the years following \textit{Wilkerson} and \textit{Kemmler}, cases challenging the death penalty remained few and far between with only two notable decisions by the Supreme Court until 1972.\footnote{See Malloy v. South Carolina, 237 U.S. 180, 185 (1915) (finding that retroactively changing the method of execution does not violate the ex post facto clause); Francis v. Resweber, 329 U.S. 459, 464 (1947) (holding that a second attempt at execution following a failed execution is not cruel and unusual and does not violate double jeopardy).} In 1972, the Supreme Court decided \textit{Furman v. Georgia}.\footnote{408 U.S. 238 (1972) (per curiam).} Prior to \textit{Furman}, the last execution to take place occurred in Colorado in 1967.\footnote{See Olivia B. Waxman, \textit{The Story of the Last U.S. Execution Before a Nationwide Moratorium Took Effect 50 Years Ago}, TIME (June 2, 2017), http://time.com/4801230/last-execution-before-moratorium/.} In \textit{Furman}, the Court held that the death penalty, as applied, violated the Eighth Amendment.\footnote{\textit{Furman}, 408 U.S. at 239–40.} In further elaborating on when punishments are cruel and unusual, Justice Douglas said that

\begin{quote}
it is “cruel and unusual” to apply the death penalty—or any other penalty—selectively to minorities whose numbers are few, who are outcasts of society, and who are unpopular, but whom society is willing to see suffer though it would not countenance general application of the same penalty across the board.\footnote{Id. at 245 (Douglas, J., concurring).}
\end{quote}

In a separate concurrence, Justice Brennan stated that in order to determine what the ban on cruel and unusual punishment means, we must look to “evolving standards of decency that mark the progress of a maturing society.”\footnote{Id. at 269–70 (Brennan, J., concurring) (quoting Trop v. Dulles, 356 U.S. 86, 100–01 (1958)).} Justice Brennan further suggested that a punishment is cruel and unusual when “it does not comport with
human dignity.” Furman essentially established a nationwide moratorium on the death penalty by voiding the applicable death penalty statutes of the forty states with the death penalty at the time.

2. 1972 TO PRESENT

Although Furman rendered a moratorium on the death penalty as a whole, the holding of the Court was not that the death penalty itself was unconstitutional, but that the death penalty statutes as they were written in many states were. This gave states and the federal government the opportunity to revive the death penalty by allowing the rewriting of death penalty statutes to avoid the problems addressed in Furman. In crafting these new statutes, lawmakers sought to limit the discretion of juries when deciding whether to impose the death penalty through the consideration of aggravating and mitigating factors during sentencing. Bifurcated trials were also established in these new statutes, requiring separate deliberations for the guilt and penalty phases. Automatic appellate review and proportionality review were also included.

As a result of the crafting of new death penalty statutes, the Supreme Court considered the reforms in Gregg v. Georgia. In Gregg, the Court found the reforms to be constitutional, thus reinstating the death penalty in all states that adopted similar statutes.

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138 Id. at 270.
140 Furman, 408 U.S. at 239–40.
141 See id. For example, the Florida Supreme Court responded to Furman by resentencing all death row inmates to life imprisonment. Donaldson v. Sack, 265 So. 2d 499, 505 (Fla. 1972). The Florida Legislature, in turn, became the first state to enact a revised death penalty to fit the Furman standards. Fla. Laws 1973, ch. 72-724, § 9, amending Fla. STAT. § 921.141 (1972).
142 See Constitutionality of the Death Penalty in America, supra note 139. The most current aggravating and mitigating factors for the Florida death penalty can be found in Fla. STAT. § 921.141(6)–(7) (2019).
143 See, e.g., Fla. STAT. § 921.141(1).
144 Id. at § 921.141(5).
146 Id. at 189, 195.
The Court held that “the punishment must not involve the unnecessary and wanton infliction of pain . . . [and] the punishment must not be grossly out of proportion to the severity of the crime.”

Not long after Gregg, the Court decided Coker v. Georgia, holding the death penalty to be an excessive and disproportionate punishment for the crime of rape. Following in the path of Coker, in Enmund v. Florida the Court held that sentencing a person to death who was a participant in a murder, but did not kill, attempt to kill, or intend to kill, was unconstitutional. In the early 2000s, the Court found it to be cruel and unusual to execute an intellectually disabled person, as well as a person who was under the age of 18 when he committed the crime.

In 2006, in a unanimous decision, the Supreme Court held in Hill v. McDonough that inmates could challenge methods of execution under 42 U.S.C. § 1983. The Court reasoned that challenges under § 1983 were fundamentally different from seeking a writ of habeas corpus, because a challenge under § 1983 is a challenge to the method of execution rather than to the execution itself. As a result, the door opened for death row inmates to challenge methods of execution, especially lethal injection.

Shortly after Hill, the Supreme Court decided Baze v. Rees. Baze concerned a challenge to Kentucky’s lethal injection protocol, where the petitioners contended that the protocol was “unconstitutional under the Eighth Amendment’s ban on ‘cruel and unusual punishments’ because of the risk that the protocol’s terms might not be properly followed, resulting in significant pain.” The Court disagreed with petitioners, holding that the petitioners did not meet

147 Id. at 173 (internal citations omitted).
148 433 U.S. 584, 592 (1977) (“We have concluded that a sentence of death is grossly disproportionate and excessive punishment for the crime of rape and is therefore forbidden by the Eighth Amendment as cruel and unusual punishment.”).
153 Id. at 576, 580.
156 Id. at 41.
“their burden of showing that the risk of pain from maladministration of a concededly humane lethal injection protocol, and failure to adopt untried and untested alternatives, constitute cruel and unusual punishment.”157 The Court stated that to successfully challenge a method of execution, inmates must prove that the method to be used presents a risk that is “sure or very likely to cause serious illness and needless suffering, and give rise to sufficiently imminent dangers.”158 Further, in order “to prevail on such a claim there must be a ‘substantial risk of serious harm,’ an ‘objectively intolerable risk of harm,’ that prevents prison officials from pleading that they were ‘subjectively blameless for purposes of the Eighth Amendment.’”159 In order to qualify as an alternative, the method must be readily implemented, feasible, and actually reduce the risk of severe pain.160

Almost ten years later, the Court faced another challenge to lethal injection in Glossip v. Gross.161 In Glossip, inmates sentenced to death in Oklahoma challenged the state’s three-drug protocol, arguing that the use of midazolam, as the first drug, creates a severe risk of pain because it “fails to render a person insensate to pain.”162 The Court found that not only did “the prisoners fail[ ] to identify a known and available alternative method of execution that entails a lesser risk of pain,” but also that the prisoners failed to establish that the use of midazolam creates a substantial risk of pain.163 In holding that the inmates failed to identify an alternative method, the Court reaffirmed the plurality opinion of Baze, finding that inmates sentenced to death will not succeed on a challenge to the constitutionality of their execution unless they suggest an acceptable alternative method.164

Recently, the Court again reaffirmed the Baze plurality in Bucklew v. Precythe.165 The Court reiterated the burden an inmate faces

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157 Id.
158 Id. at 50 (emphasis in original) (quoting Helling v. McKinney, 509 U.S. 25, 33–35 (1993)) (internal quotation marks omitted).
159 Id. (quoting Farmer v. Brennan, 511 U.S. 825, 842, 846, 846 n.9 (1994)).
160 Id. at 52.
162 Id. at 2731.
163 Id.
164 Id.
165 139 S. Ct. 1112 (2019).
when challenging a method of execution. As stated in both *Baze* and *Glossip*, “a prisoner must show a feasible and readily implemented alternative method of execution that would significantly reduce a substantial risk of severe pain and that the State has refused to adopt without a legitimate penological reason.” The Court did, however, go one step further than *Baze* and *Glossip* by stating that inmates presenting an alternative method are not limited to those authorized by the state and can look to protocols used in other states. As a result of *Baze*, *Glossip*, and *Bucklew*, in order to successfully challenge a method of execution, an inmate must satisfy two prongs: first, he must demonstrate that the method of execution is very likely to cause substantial harm or suffering, and second, he must present a feasible, readily implemented, less painful alternative that is prescribed by at least one state.

II. WHY THE FEDERAL GOVERNMENT SHOULD USE FIRING SQUADS TO EXECUTE FEDERAL DEATH ROW INMATES

Notwithstanding the fact that an inmate who has not exhausted his appeals can propose an alternative method of execution if he proves that the current method of execution is likely to cause substantial harm or suffering, the federal government should get ahead of the litigation that will likely ensue for using lethal injection by amending the execution protocol to allow for federal death row inmates to be executed by firing squads, or to have a choice of method. Implementing firing squads at the federal level would satisfy the requirements set out in *Baze* because firing squads are not likely to cause substantial harm and suffering, are less painful than other methods, and are readily implemented. By adopting the firing squad, not only would the government save itself the headache of litigation, but it would be at the forefront of a change that states are pushing for.

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166 Id. at 1125.
167 Id.; see also *Glossip*, 135 S. Ct. at 2732–38; *Baze* v. Rees, 553 U.S. 35, 52 (2008) (plurality opinion).
168 *Bucklew*, 139 S. Ct. at 1128.
169 Id. at 1125; *Glossip*, 135 S. Ct. at 2732–38; *Baze*, 553 U.S. at 52.
A. Firing Squads Better Comply with Supreme Court Precedent

Using the framework for what an inmate must prove to be successful in proposing an alternative method of execution, it would behoove the federal government to use firing squads for executions. Firing squads are easy to implement, practicable, and convenient, especially when compared to lethal injection. In order to implement firing squads, the federal government can look to Utah’s technical manual, as well as past executions by firing squads. Because the firing squad is composed of law enforcement officers who volunteer to be on the execution team, the training required to successfully perform the execution is minimal. The supplies necessary for executions by firing squad—guns and ammunition—are at the government’s immediate disposal and are regulated by it. No matter the political landscape surrounding guns, law enforcement will likely always have guns. Most importantly, gun and ammunition suppliers are far less likely to be influenced by death penalty abolitionists who work to restrict the supply of materials needed for executions. Unlike the pharmaceutical companies, which created many of the drugs used in executions for life-improving or even life-saving medical procedures and therefore face a con-

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171 See Pflaum, How Utah’s Execution by Firing Squad Works, supra note 117.
172 See supra Part I.B.
174 Wood v. Ryan, 759 F.3d 1076, 1103 (9th Cir. 2014) (Kozinski, C.J., dissenting) vacated by Ryan v. Wood, 573 U.S. 976 (2014) (“There are plenty of people employed by the state who can pull the trigger and have the training to aim true”).
177 Wood, 759 F.3d at 1103 (Kozinski, C.J., dissenting) (“The weapons and ammunition are bought by the state in massive quantities for law enforcement purposes, so it would be impossible to interdict the supply.”).
178 See Balko, supra note 21.
flict when their products are used in an execution, guns and ammunition suppliers count law enforcement needs as one of the top drivers of demand for their product. Additionally, Utah’s re-adoptions of the firing squad, followed by the addition of firing squads to Oklahoma’s and Mississippi’s death penalty statutes, serves as an example of the feasibility of the method and suggests that public opinion on the method is shifting.

The inmates on federal death row who are scheduled to be executed within the next year have been waiting over ten years for their executions, with some inmates waiting over twenty-five years. Although the federal government took an almost two-decade hiatus from executions, delays from sentencing to execution can be attributed, at least at the state level, to the amount of time it takes to obtain lethal injection drugs. Because manufacturers and other countries do not want to be associated with the death penalty, states have to jump through hoops to obtain the drugs necessary, sometimes by using unethical means. The difficulty states face in obtaining the necessary drugs has arguably rendered lethal injection impracticable, and it will be no different for the federal government.

If the death penalty is a punishment the government wishes to continue to pursue, it could reduce the time between sentencing and execution by eliminating the need to search for execution drugs. Further, the number of medical challenges to lethal injection would

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179 See Wood, 759 F.3d at 1103 (Kozinski, C.J., dissenting) (“And nobody can argue that the weapons are put to a purpose for which they were not intended: firearms have no purpose other than destroying their targets.”) (emphasis in original); see also Balko, supra note 21.

180 See supra Part I.B.

181 A Look at the 5 Federal Death Row Inmates Facing Execution, AP NEWS (July 25, 2019), https://www.apnews.com/5730e863beb5477c96a1b4f2bd6c5ab0.


183 List of Federal Death-Row Prisoners, supra note 87.


186 See Balko, supra note 21.
be reduced, resulting in less litigation and reducing procedural inefficiencies in the criminal justice system, both in court rooms and prison facilities.

In addition to the efficiencies of using firing squads, the firing squad is also a less painful method of execution. A 1993 study attempted to measure the pain experienced during different types of executions by monitoring the heart activity of the inmates being executed and concluded that execution by firing squad was one of the least painful methods. The risk of error in executions by firing squads (such as missing) are minimal because there should be at least four bullets coming for the inmate. Although the scene of an execution by firing squad is quite bloody for onlookers, “scientific research indicates that the initial pain felt by the victim may be comparable to being punched in the chest. There is some indication that the pain may also be hampered by an ‘adrenaline surge.’”

Comparing the firing squad with the federal government’s proposed method of execution, it is clear that the firing squad will result in less pain and therefore comply with a long history of Supreme Court precedent interpreting the Eighth Amendment. However, the proposed federal method of execution is a single drug execution

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188 Amelia Thomson-DeVeaux, Is the Firing Squad More Humane than Lethal Injection?, FIVETHIRTYEIGHT (Mar. 2, 2017, 7:02 AM), https://fivethirtyeight.com/features/is-the-firing-squad-more-humane-than-lethal-injection/ (citing Harold Hilman, The Possible Pain Experienced During Execution by Different Methods, 22 PERCEPTION 745 (1993)). The study also said lethal injection was one of the least painful methods, this study was conducted prior to changes in the lethal injection protocol and assumed all things went as intended. Id.; see also Denno, Lethal Injection Chaos Post-Baze, supra note 43, at 1360 (sodium thiopental left the drug market in 2009).

189 See Pflaum, How Utah’s Execution by Firing Squad Works, supra note 117.

190 Cutler, supra note 97, at 413 (citing L. KAY GILLESPE, THE UNFORGIVEN: UTAH’S EXECUTED MEN 166 (1997)).
with pentobarbital. The use of a single drug is contrary to the original protocol adopted and used by the majority of states. Pentobarbital is used to euthanize animals and treat brain swelling and uncontrolled seizures in intensive care units and operating rooms, as well as for physician-assisted suicides. The drug acts to slow brain activity and is not a drug that any doctor can prescribe. Because of its potency, special training is required to administer the drug; as a result it is restricted in its use.

While visual effects of the drug have not been witnessed often when compared to executions with sodium thiopental or midazolam, inmates have reportedly stated during the execution that they feel as if they are burning from the use of the drug—signaling an error in the method being used. Moreover, “the FDA-approved manufacturer of the drug will not sell directly to any state for use in an execution and has made it clear it doesn’t want third-party distributors to do so.” As a result, compounding pharmacies that do

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195 Hunzinger, supra note 193.
196 Id.
197 See, e.g., supra note 94 and accompanying text.
199 Denno, Lethal Injection Chaos Post-Baze, supra note 43, at 1334.
200 Hunzinger, supra note 193.
make the drug do so in secret,\textsuperscript{201} thereby hiding how the drug is being produced. The quality of a drug compounded varies greatly,\textsuperscript{202} which leads to a high likelihood of its use going awry. In addition, compounded pentobarbital has a short shelf life, which reduces the potency of the drug, causing death to be more painful.\textsuperscript{203} Because compounding pharmacies are not subject to accreditation or oversight, some of the pharmacies are using improper procedures in preparing the drugs.\textsuperscript{204} States are secretive about where they are obtaining the drugs from in order to avoid challenges to the constitutionality of the method.\textsuperscript{205}

No matter the drug used, executions by lethal injection require an intravenous catheter ("IV") to be inserted into the inmate.\textsuperscript{206} Many issues arise when inserting the IV, leading to unnecessary and unconstitutional pain felt by the inmate.\textsuperscript{207} For example, inmates who are overweight or are former drug users often have veins that are difficult or nearly impossible to find, even for well-trained phlebotomists.\textsuperscript{208} Due to the code of medical ethics, doctors are advised against participating in executions,\textsuperscript{209} which results in non-medical professionals attempting to insert IVs.\textsuperscript{210} As a result, inmates are

\begin{footnotesize}

\textsuperscript{201} Id.
\textsuperscript{202} Id.
\textsuperscript{203} Brownlee, supra note 194.
\textsuperscript{205} Hunzinger, supra note 193.
\textsuperscript{207} See SARAT, supra note 19, at 123.
\textsuperscript{208} Id.
\textsuperscript{209} Capital Punishment: Code of Medical Ethics Opinion 9.7.3, AMA, https://www.ama-assn.org/delivering-care/ethics/capital-punishment (last visited Oct. 20, 2019) ("[A]s a member of a profession dedicated to preserving life when there is hope of doing so, a physician must not participate in a legally authorized execution."). While doctors cannot participate in the execution, doctors are, however, allowed to certify death after the inmate has been declared dead by another person. Id.
\textsuperscript{210} See Balko, supra note 21.

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poked and prodded in an attempt to search for a usable vein, resulting in more pain and lengthy delays.211

The uncertainty surrounding where the drug is actually coming from and how potent it actually is—in conjunction with the fact that inmates have audibly stated they feel as though they are burning when the drug is administered by a non-medical professional—implies that the use of pentobarbital is likely to cause immense pain and suffering. By contrast, the level of pain of an execution by firing squad is a known constant. Because firing squads are likely to cause less harm, are more feasible, and are readily implemented, the federal government should consider the use of the method for future executions.

B. The Firing Squad is the Most Humane Method of Execution Available

“Traditional lethal injection is more humane if you consider the humanity of the procedure from the perspective of everyone except the person being executed.”212 Death by firing squad, however, is more humane from the perspective of the inmate to be executed. Executions by firing squad take about a minute, if that, to kill the inmate, while death by lethal injection without any complications takes about nine minutes.213 Because death by firing squad is relatively quick, it avoids any indicia of torture.214

Executioners for lethal injection are not medical professionals, and are thus not medically trained to administer an IV and the lethal

212 Balko, supra note 21 (emphasis in original).
213 Id.
214 See In re Kemmler, 136 U.S. 436, 447 (1890) (stating that a method of execution is unconstitutional when it involves torture and lingering death).
injection drugs. However, a person on a firing squad is professionally trained to carry out the method of execution, without violating any ethical codes. Errors in lethal injection can arise from failure to insert the IV properly or the drugs not working as intended. An error resulting from the firing squad either comes from the inmate moving around or the executioners having poor aim. Unlike the errors in lethal injection, the errors that can occur in an execution by firing squad can be easily remedied by restraining the inmate and having more intense training for executioners. Cruelty in firing squad is more easily noticed and a purposeful miss would be an obvious infliction of suffering, whereas errors in other methods may be more easily covered up as accidents, such as by blaming the inmate’s veins. As a result, the firing squad is a more humane method because it provides a reliable, efficient, and simple method of execution.

C. Choice

While there are some states that give inmates a choice of how they wish to be executed, none give the explicit option of the firing squad. Of the federal government and the twenty nine states with the death penalty, six states give the inmate a choice of how he would like to die, though the choices are limited to what the statute authorizes. Recently, inmates who do not have a choice have been

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215 Balko, supra note 21.
216 See id.
217 Medical professionals are not allowed to take part in executions by lethal injection, with few extremely limited exceptions. See Capital Punishment: Code of Medical Ethics Opinion 9.7.3, supra note 209.
218 See supra Part II.A.
219 See, e.g., Connor, supra note 211 (blaming the unsuccessful search for a useable vein in Doyle Lee Hamm’s arms as having “been compromised by illness and years of drug use.”).
221 ALA. CODE § 15-18-82.1 (2019); CAL. PENAL CODE § 3604 (West 2019); FLA. STAT. § 922.105 (2019); MO. REV. STAT. § 546.720 (2019); S.C. CODE ANN. § 24-3-530 (2019); VA. CODE ANN. § 53.1-234 (2019).
asking for one, and those with a choice have been exercising their ability to choose alternative methods to lethal injection. Inmates are making these requests because they believe other methods of executions are more humane and less painful than lethal injection. Inmates in Alabama, Ohio, Tennessee, and Texas have asked to be executed by firing squad, arguing that lethal injection is very likely to have a risk of serious harm. While these requests have been unsuccessful, the fact that inmates are requesting to be executed by firing squads gives perspective to the humanity of lethal injection: inmates seem to believe that lethal injection is more painful and far less humane than death by firing squad.


224 See Li, supra note 222.


229 See, e.g., Welsh-Huggins, supra note 226.


231 See, e.g., Lakin et al., supra note 223.
The last person to be executed by firing squads exercised his ability to choose his method because he believed firing squads were the only dignified way to die. Furthermore, in Tennessee, a state where inmates have the choice of electrocution or lethal injection, of the last five executions carried out, three were by electrocution. Of the two that chose lethal injection, one reportedly coughed, gasped, and choked throughout his execution, and the other sang for two minutes after being administered the first drug, fell silent, turned purple, and let out a gasp.

By allowing inmates to choose how they wish to be executed, not only do we avoid post-execution claims of inhumanness, but we allow inmates to choose the method they deem most humane. The Eighth Amendment protects the inmate, not the lawmakers deciding what method of execution should be used. As a result, the most humane option is to allow the inmate to choose the method he deems the least painful, most reliable, or most humane because he is the one protected by the Eighth Amendment. If we are going to continue to be concerned with executions appearing humane, allowing death row inmates to choose how they will be executed is the most humane option.

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232 See Sanchez, supra note 105; Barnes, supra note 105.
233 See Execution Database, supra note 4 (select “State”; click “Tennessee”; then “Apply”).
III. Arthur v. Dunn: An Attempt for an Execution by Firing Squad

Thomas Arthur was sentenced to death in 1992 for the 1982 murder of Troy Wicker. Since his sentencing, Arthur has challenged lethal injection as his method of execution numerous times. Following the Supreme Court’s decision in Glossip, Arthur was allowed to amend his complaint to challenge the lethal injection protocol to be used in his execution. In his amended complaint, Arthur sought to assert the firing squad as an alternative method for his execution. The district court did not allow Arthur to do so, concluding that execution by firing squad is not authorized in Alabama, and as a result it could not be considered readily implemented or feasible in the State.

A. The Eleventh Circuit’s Decision

1. The Majority

The Eleventh Circuit affirmed the district court’s denial of leave to amend to include the firing squad as an alternative method. The court stated that Arthur did not meet his burden to both plead and prove that “(1) Alabama’s current three-drug protocol is ‘sure or very likely to cause serious illness and needless suffering, and give rise to sufficiently imminent dangers’; and (2) there is an alternative method of execution that is feasible, readily implemented, and in fact significantly reduces the substantial risk of pain posed by the

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238 Arthur, 674 F.3d at 1264 (Hull, J., dissenting) (“This is Arthur’s fifth § 1983 civil action since he was sentenced to death in 1992, and his third such § 1983 challenge to lethal injection as his method of execution.”).
240 Id.
241 Id.
242 Id. at 1314–15.
state’s planned method of execution.”243 The court reasoned that Arthur failed on the first prong as to his claim about midazolam because he did not present any evidence that the use of the drug will cause serious harm or pain.244 As a result of failing to meet the first prong, the proposal of the firing squad failed because, according to the Eleventh Circuit, the first prong must be satisfied before the second prong can be considered.245

Despite finding that Arthur failed to meet the first prong, the court considered the firing squad as an alternative, finding that even if Arthur proved the first prong, his alternative failed because lethal injection “has been repeatedly approved by the courts and successfully carried out in the past.”246 The court further reasoned that the alternative method presented can only be one authorized by the state’s death penalty statute.247 As a result of such reasoning, the majority concluded that the availability of execution by firing squad in a handful of states does not convert execution by firing squad to be a readily implemented alternative in Alabama.248

2. THE DISSENT

Judge Wilson dissented from the majority, finding that the firing squad was a possible alternative and that Arthur may be entitled to some form of relief.249 Judge Wilson began by stating that “[t]he firing squad is a well-known, straightforward procedure that is regarded as ‘relatively quick and painless.’”250 Judge Wilson vehemently opposed the majority’s conclusion that a method can only be presented if it is prescribed by the state where the execution is to take place.251 In effect, Judge Wilson believed that the majority’s decision allowed for “a state [to] restrict a prisoner’s access to

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243 Id. at 1315 (quoting Glossip v. Gross, 135 S. Ct. 2726, 2737 (2015)).
244 Id.
245 Id.
246 Id.
247 Id. at 1316. This proposition was recently overruled by the Supreme Court. See Bucklew v. Precythe, 139 S. Ct. 1112, 1128 (2019) (“An inmate seeking to identify an alternative method of execution is not limited to choosing among those presently authorized by a particular State’s law.”).
248 Arthur, 840 F.3d at 1316.
249 Id. at 1322 (Wilson, J., dissenting).
250 Id. at 1321 (quoting Glossip v. Gross, 135 S. Ct. 2726, 2739 (2015)).
251 Id. at 1322.
Eighth Amendment relief by legislatively rejecting a viable execution alternative."252

B. The Supreme Court’s Denial of Certiorari

Following the Eleventh Circuit’s affirmance of the district court’s decision to deny leave to amend Arthur’s petition to include the firing squad, Arthur appealed to the Supreme Court.253 In his petition, Arthur argued that the Eleventh Circuit erroneously applied Glossip, allowing “states to legislatively exempt themselves from Eighth Amendment scrutiny by limiting their prescribed methods [of execution].”254

The Supreme Court denied Arthur’s petition for certiorari.255 While there is no majority opinion, Justice Sotomayor wrote a dissent to the denial, joined by Justice Breyer.256 In her dissent, Justice Sotomayor argued that she would have granted certiorari because the Eleventh Circuit’s decision “permits States to immunize their methods of execution—no matter how cruel or how unusual—from judicial review.”257 Justice Sotomayor reasoned that Arthur should have been allowed to amend his complaint to include firing squads because “[c]ondemned prisoners . . . might find more dignity in an instantaneous death [resulting from the firing squad] than prolonged torture on a medical gurney.”258

Had the Supreme Court granted certiorari, not only would it have presented an opportunity to consider the constitutionality of lethal injection, but it would have allowed for the Court to weigh in on the use of firing squads. More importantly, if the Court granted certiorari, Thomas Arthur would not have died a lengthy, painful death.259

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252 Id.
254 Id. at 1.
255 Id. at 725 (denying cert).
256 Id. at 725 (Sotomayor, J., dissenting).
257 Id.
258 Id. at 734.
CONCLUSION

While it does not appear likely that the Supreme Court will find the death penalty unconstitutional any time soon, given the pushback against lethal injection and the federal government’s recent decision to use it, the best alternative may be allowing the person being executed to choose his method. Choice preserves the dignity of the inmate and will not only reduce litigation, but will allow inmates to choose the method they believe to be the most humane and least painful.

Although firing squads have been used less than forty times to execute in the United States, using firing squads is a feasible method of execution that the federal government should consider as a choice for condemned inmates. The use of firing squads is arguably the most humane and efficient method of execution. The firing squad results in a quicker, less painful death. Not only would the use of firing squads likely result in fewer botched executions, but it would also force society to accept what we are authorizing the state to do. While some may view the firing squad as a barbaric method of execution, the perspective of the witness to the execution is immaterial. The law must consider only the perspective of the man being executed. It is he who the Eighth Amendment protects.

\[htmlstory.html; Balko, supra note 21 (stating that an execution by lethal injection should take approximately nine minutes).\]

\[260 See infra Part I.B.\]